

Sun City Center Yoga Club Policies

Welcome to the SCC Yoga Club! We have a very large club with lots of energetic yogis coming and going to the many classes we offer. In order to provide members a safe and welcoming environment we ask that you read and acknowledge with signature the club information as a part of your membership. You will receive an extra copy to keep for reference. *It is your responsibility as a club member to check your email for club updates, account information and special events.*

SCC Yoga Club Mission

Our mission is to make yoga accessible for everyone, offering a welcoming space for all levels to explore its benefits. As a group we strive to create a supportive community where every individual's unique path is honored, connecting breath, body, and spirit.

Membership and Monthly Fees

Fees for 2026 are \$30 per year and \$15 per month, payable by check (no cash). Members can pay for classes automatically by using their bank's online bill pay service. We strongly encourage you to schedule your payments for consistent revenue to pay our instructors. Payments: Sun City Center Yoga Club, 1009 North Pebble Beach Blvd, Sun City Center, FL 33573. We encourage yogis to pay 6 months at a time to save our volunteers time with bookkeeping. You can check your balance on the SCC Yoga website to ensure you remain a member in good standing. **sccyogaclub.uplifterinc.com**

Volunteer Opportunities

- Ask about being a greeter! Yoga greeters are the welcoming face for those wanting to try a class. Greeters walk prospective members through the process of completing a liability form, showing them where to get props and introducing them to the instructor. **Greeters volunteer during classes they normally attend.** Contact Robin Welser 484-515-5772 to volunteer.

SCC Yoga Etiquette

Namaste! Let us acknowledge and honor each other by practicing good Yoga etiquette.

- Please arrive 10 minutes before class so that you can remove your shoes and arrange your space with appropriate props, mats, etc. **IF THE DOOR IS CLOSED CLASS HAS BEGUN. PLEASE DO NOT ENTER AND DISTURB CLASS.**
- Arrange your mat with others to achieve a staggered space so all can see the instructor. Please do not step on other yogi's mats. Remember to leave room in front of restroom doors.
- Do not wear scents or oils. Some are allergic to scents, and moisturizing feet can result in oils transferring to the floor making it slippery - we want everyone to have a safe environment.
- If you must leave the room for any reason, please exit through the restroom/locker room, not the double doors. Both restrooms connect to the foyer, and are less disruptive to the class.
- We strongly encourage all to complete the entire class, not only will it give you the best experience, it will also avoid disturbing others. If you can't stay, and know in advance, please let your instructor know at the beginning of class so there is no concern about illness or injury.

SCC Yoga Guest Policies

- All guests must have a SCC Community Association pass. Passes are available at the CA office or the fitness center. **Guests should sign in and note they are a guest.**
- All guests must complete a liability form! Please ask for assistance from a greeter or the instructor. There is a fee of **\$3 for each class.** There is a locked box in the equipment closet and envelopes for payment. Please note the guest name and date on the envelope.